

# HOW TO READ THE TAROT CARDS

*by Hayley – Local Spirit Reader*



For generations, the Tarot has been used by clairvoyants, spiritualists, and hobbyists to uncover hidden truths and illuminate the path of understanding. The gentle guidance provided by a Tarot reading can inspire you to try something new, make a career change, take your relationship to the next level, as well as offer spiritual assistance to enrich your life.

When integrating Tarot into your daily life, you want to be sure that the deck you choose resonates with you personally. The cards you select should be engaging; you should feel drawn to them and the stories they tell. Remember, the goal of personal Tarot readings is to enrich your life; choose a deck you enjoy looking at and handling to make the experience as pleasurable as possible.

When performing a Tarot reading, it is important to create a private, peaceful atmosphere to foster the proper mindset. Creating a quiet space to perform your reading is an excellent way to begin your day.

In addition to, and more important than preparing your environment, you must prepare your mind for a reading. The objective is simply to clear and calm your thoughts and enter a state of relaxed awareness.

For the purposes of a quick and effective Tarot reading to perform on a daily basis, the single card reading is an excellent choice. You may be surprised at how a single card can provide so many layers of information, and yet still strike the core of the present day's situation.

*To learn more or to book a reading with Hayley please visit [www.spiritreader.co.uk](http://www.spiritreader.co.uk)*

